

# THE KEYWORTH DIARY

**Please Note: The Parish Council compiles the Keyworth Diary only.** Items for inclusion in the **JUNE 2018** issue should be sent to **[bookings@keyworthparishcouncil.org](mailto:bookings@keyworthparishcouncil.org)** or posted to, Diary Entries, Village Hall, Elm Avenue, Keyworth by: **12.00 NOON 10th MAY 2018** OTHERWISE INSERTION IN THE DIARY CANNOT BE GUARANTEED. Due to increased number of entries and limited space available, please keep wording to a minimum. It may be necessary to limit entries to a maximum of 3 lines (approx. 30 words).

- Tuesday 1st **BINGO AT THE TAVERN** - 2.15pm - Keyworth Tavern Public House. Adm. Free. Tel. 937 6501 for details, raffle - money raised goes to a chosen charity.
- Wednesday 2nd **WEBSTER HALL LADIES** - Theatre visit to see comedy play with Nigel Havers, Stephen Tomkinson. Depart Webster Hall at 1pm.
- Wednesday 2nd **KEYWORTH 8 O'CLOCK GROUP** - 8pm St Margaret Clitherow Catholic Church 'The Restoration of the Grantham Canal' illustrated talk by Rosemary Gibson. £2 at door to incl. refreshments & raffle ticket. (Please not change of venue for this meeting).
- Wednesday 2nd **ALPHA COURSE** - 7- 9pm Methodist Church Hall. Everyone has questions. Come to explore about life, faith and meaning. Free food, talk and chat.
- Wednesday 2nd **KEYWORTH GUITAR CLUB** - The Peartree, 7.30pm. Beginners, improvers, advanced. Performers offer all genres of music, and there are people around to help beginners. Ring Brian on 937 4079. Anyone welcome to come along to watch and/or participate.
- Thursday 3rd **KEYWORTH & DISTRICT FOOTPATHS ASSN.** - Guided Walk 9.45am for 9.54 am bus from Keyworth Square - Gotham, Dismantled Railway Track, Bunny, Bunny Old Wood, Midshires Way, Wysall, Lings Lane, Keyworth. About 8½ miles. Leader Robin 07816 012 376. Bring waterproofs, drink & packed lunch, non-members welcome. Sorry no dogs.
- Thursday 3rd **COMMUNITY CLEAN UP** - Join members of the Rotary Club for a litter pick around the village. Meet at the Village Hall car park at 10 am. Equipment provided.
- Friday 4th **RUSHCLIFFE BOROUGH COUNCIL - KEYWORTH CONTACT POINT** - 9am-1pm Centenary Lounge. Come along if you need: Help/advice on council tax & benefits; Help with recycling & collecting your waste; Advice on saving money & energy; Free school meals & blue badge applications; Info. on our half price pet neutering scheme; Help/advice on managing debt.
- Friday 4th **KEYWORTH AND DISTRICT LOCAL HISTORY SOCIETY (K&DLHS)** - 7.30pm Centenary Lounge. Richard Gaunt 'Emma Wilmot forgotten artist of the Victorian Dukeries'. All welcome, non-mem. £3, refreshments available.
- Saturday 5th **RUSHCLIFFE PLAY FORUM** - 11am-3pm. Bungalow next to Keyworth Primary School, Nottingham Road. Shop selling discounted arts and crafts materials.
- Monday 7th **KEYWORTH & DISTRICT FOOTPATHS ASSN.** - Guided Walk 10am Keyworth Square - Keyworth, Wysall, Widmerpool, Lings Lane, Keyworth. About 8½ miles. Leader Robin 07816 012 376. Bring waterproofs, drink & packed lunch, non-members welcome. Sorry no dogs.
- Monday 7th **FREE 10-WEEK BRAIN WORKOUT WITH ABACUS FOR OVER 60s** - 10-11am, Centenary Lounge & Fridays, 11am-12noon, Parochial Hall during term time. Free refreshments. Call Nisih on 07595 717 605 to sign up. Booking is essential, places are limited.
- Tuesday 8th **ROYAL BRITISH LEGION** - 7.30pm at Village Hall. The Keyworth Branch meets to conduct formal business and also a mix of events such as presentations, items of interest and sharing of common themes in a relaxed social atmosphere. New members are encouraged or just come along and see what we are about. Contact David Smith 846 0098 for more details.
- Tuesday 8th **KEYWORTH UKULELE STRUMMERS** (a K&D U3A Activity Group). Methodist Church Hall, 10am-12noon. Beginners and Improvers welcome. Call Jacki on 0115 937 2953 or [keyworthukulelestrummers.weebly.com](http://keyworthukulelestrummers.weebly.com) or [jackialfie@gmail.com](mailto:jackialfie@gmail.com) for more information.
- Wednesday 9th **ALPHA COURSE** 7- 9pm Methodist Church Hall. Details as the 2nd May.
- Wednesday 9th **KEYWORTH & DISTRICT LABOUR PARTY AGM** - 7:30pm - The Salutation. Members, new members and supporters welcome.
- Thursday 10th **THE ROYAL AIR FORCES ASSOCIATION (RAFA)** - 7pm for 7.15pm - Stanton-on-the-Wolds Golf Club. Adm. free - donation to the 'Wings Appeal' appreciated. Bar facilities avail. Raffle towards Branch funds. Guest Speaker. We welcome all serving/past members and those who wish to become a member. Secretary & Fund Raising Organiser needed - RAF membership not essential.
- Thursday 10th **PLUMTREE WI** - 7.30pm, Burnside Hall. Introductory visit free, a warm welcome awaits any new visitors. For more info call Lorraine 07539 112 229.
- Thursday 10th **KEYWORTH & DISTRICT FOOTPATHS ASSN.** - Guided Walk 9.30am Keyworth Square - Stoke Rochford, Great Ponton, Hungarton, Wyville, Stoke Rochford. About 9½ miles. Leader Bernard 937 4486. Bring waterproofs, drink & packed lunch, non-members welcome. Sorry no dogs.
- Saturday 12th **OPEN ART STUDIO** - 10am-4pm. Rose Cottage 81 Nottingham Road Keyworth. Contact Julie

- Fowkes 0115 937 6489 or rosecottagedesign@yahoo.co.uk. Paintings and cards for sale. Demonstrations and refreshments.
- Sunday 13th **OPEN ART STUDIO** - 10am-4pm. Details as the 12th.
- Monday 14th **SOUTH NOTTS FLOWER CLUB** - 7.30pm - Burnside Hall, Plumtree. Demo 'Best foot forward' by Linda Smith, Toton. Visitors £6. Contact Teresa Hopwood 923 2615 or Brenda McClay 846 5196.
- Monday 14th **FREE 10-WEEK BRAIN WORKOUT WITH ABACUS FOR OVER 60s.** 10-11am, Centenary Lounge & Fridays, 11am-12noon, Parochial Hall. Details as 7th entry.
- Tuesday 15th **BINGO AT THE TAVERN** - 2.15pm, Keyworth Tavern Public House. Adm. Free. Tel. 937 6501 for details, raffle - money raised goes to a chosen charity.
- Wednesday 16th **KEYWORD 8 O'CLOCK GROUP** - 8pm St Margaret Clitherow Catholic Church 'The Baby Boomers' illustrated talk by Helen Crowfoot. £2 at door to incl. refreshments & raffle ticket. (Please not change of venue for this meeting).
- Wednesday 16th **ALPHA COURSE** 7-9pm Methodist Church Hall: Everyone has questions. Come to explore about life, faith and meaning. Free food, talk and chat.
- Wednesday 16th **KEYWORD GUITAR CLUB** - The Salutation. Beginners, improvers, advanced. Performers offer all genres of music, there are people around to help beginners. For more details, ring Brian on 937 4079. Anyone welcome to come along to and watch and/or participate.
- Thursday 17th **KEYWORD CARER SUPPORT GROUP** - 10.30am-12.30pm, Feignes Room, Keyworth Village Hall. Free Carer Support Group - come and listen to guest speakers and meet other carers. For info. call Sally Charles, Support Worker, Nottinghamshire Carers Hub 0115 824 8824.
- Thursday 17th **KEYWORD & DISTRICT FOOTPATHS ASSN.** - Guided Walk 9.30am Keyworth Square - Langar, Colston Bassett, Long Clawson Bridge, Canal Lane, Hose Lodge, Langar. About 8½ miles. Leader Lucy 07833 641 648. Bring waterproofs, drink & packed lunch, non-members welcome. Sorry no dogs.
- Thursday 17th **KEYWORD MEMORY CAFÉ** - is opening, 10am-12noon, at the Pear Tree, Nottingham Road. Sally provides a warm welcome here for people living with Dementia and their carers. Free coffee/tea & cake will be served, activities provided, with a chance to suggest what you'd like to enjoy. The café is supported by Keyworth Parish Church & Home Instead (Care Providers). Do come and give it a try. Contact Diana: 0115 846 0053. Next Date: 21st June.
- Friday 18th **ROYSTON LUND ESTATE AGENTS OPENING** - Rt.Hon Kenneth Clarke QC MP Official Opens New Keyworth Branch of Royston Lund Estate Agents at 7 The Square, Keyworth NG12 5JT between 3-3.30pm.
- Friday 18th **'A ROYAL TEA PARTY'** - 2-4pm. Macmillan Cancer Support local fund raising group invite you to celebrate the Royal Wedding with delicious tea & cake, Parochial Church Hall £3. There will be a raffle & guess the weight of the cake competition. Do come along, everyone welcome.
- Sunday 20th **DRIVEWAY SALES** - Hickling Village, 10-3pm - Refreshments in the Village Hall in aid of Village Hall funds.
- Monday 21st **FREE 10-WEEK BRAIN WORKOUT WITH ABACUS FOR OVER 60s.** 10-11am, Centenary Lounge & Fridays, 11am-12noon Parochial Hall. Details as 7th entry.
- Monday 21st **KEYWORD DISTRICT GARDENING ASSC.** - 7.30pm Centenary Lounge. 'Roses' Talk by Stuart Dixon, who travels widely sharing his love of the traditional English garden in an illustrated talk that is down to earth. He will focus specifically on roses with much of his knowledge & expertise being gained from the restoration of his own 18th Century garden at Hebb's Farmhouse, Stoke Bardolph. £2 members, £3 non members, includes tea/coffee.
- Tuesday 22nd **KEYWORD AND DISTRICT U3A** - welcomes you to its Open Meeting. 2pm for refreshments, talk starts at 2.30pm. Methodist Church, Selby Lane. Info. re speakers on the U3A website.
- Tuesday 22nd **KEYWORD UKULELE STRUMMERS** (a K&D U3A Activity Group). Methodist Church Hall, 10am-12noon. Beginners and Improvers welcome. Call Jacki on 0115 937 2953 or keyworthukulelestrummers.weebly.com or jackialfie@gmail.com for more information.
- Wednesday 23rd **ALPHA COURSE:** 7- 9pm Methodist Church Hall: Everyone has questions. Come to explore about life, faith and meaning. Free food, talk and chat.
- Thursday 24th **KEYWORD & DISTRICT FOOTPATHS ASSN.** - Guided Walk 9.30am Keyworth Square - Boothby Pagnall, Lower Bitchfield, Ingleby Wood, Boothby Pagnall. About 9½ miles. Leader Bernard 937 4486. Waterproofs, drink & packed lunch req'd, non-members welcome. Sorry no dogs.
- Saturday 26th **NOTTINGHAM RUSHCLIFFE ARMED FORCES & VETERAN'S BREAKFAST CLUB** - 9.30am onwards at The Goose at Gamston.
- Saturday 26th **ST CECILIA CHORALE CONCERT** - 7.15pm at All Saints Church, Stanton-on-the-Wolds. Tickets £7.50 including refreshments. Pay on the door.
- Monday 28th **FEELGOOD FILMS** - doors open 1.45pm for 2pm start - Centenary Lounge. Film: Breathe. Donations (min £3.50) on door, refreshments £1. Pop along for a lovely afternoon, everyone welcome. Details: Hazel 937 3849 or Elaine 937 3336. Lifts can be arranged with prior notice.
- Monday 28th **KEYWORD & DISTRICT FOOTPATHS ASSN.** - Guided Walk 10am Keyworth Square - Bunny, Ash

- Lane, Plantation Lane, Bunny Moor, Bradmore, Bunny. About 8½ miles. Leader Glenis 07787 128 040. Waterproofs, drink & packed lunch req'd, non-members welcome. Sorry no dogs.
- Tuesday 29th **BEREAVEMENT SUPPORT GROUP** 10.30am-12 noon at Keyworth Health Centre ground floor. Informal friendly group for mutual support, contact Peter 0115 937 3773 for details (phone asks you to give your name and does not accept 'withheld' calls).
- Wednesday 30th **WEBSTER HALL LADIES** - Theatre visit - Carlton Operatic in 'Top Hat'. Depart W.Hall at 1.30pm.
- Wednesday 30th **KEYWORTH GUITAR CLUB** - The Plough, Normanton-on-the-Wolds, 7.30pm. Beginners, improvers, advanced. Performers offer all genres of music, there are people around to help beginners. For more details, ring Brian on 937 4079.
- Thursday 31st **LAST THURSDAY BOOK STALL** 10.30am-2pm Keyworth Parish Church. Wide selection of good quality books, esp. paper backs & childrens. 50p each, coffee/tea, home-made cakes & cards avail. Hand-made Craft items for sale for 'Wells for Africa' appeal. Pop in to browse or linger. Next date: June 28th.
- Thursday 31st **KEYWORTH WOMEN'S INSTITUTE** - 7.15 pm Centenary Lounge. Resolution meeting, members only. For further details contact Pauline 937 3267.
- Thursday 31st **KEYWORTH & DISTRICT FOOTPATHS ASSN.** - Guided Walk 9.30am Keyworth Square - Burton Joyce, Gunthorpe, Hoveringham, Caythorpe, Burton Joyce. About 9 miles. Leaders Ros 07816 534 748; Anne 07821 197 804. Bring waterproofs, drink & packed lunch, non-members welcome. Sorry no dogs.

## REGULAR WEEKLY EVENTS

- Monday **EVERYONE HEALTH** 12.30 - 1.45pm. Engage chair based & otago strength and balance exercise sessions for 55+. Free sessions, Village Hall delivered by Everyone Health Nottinghamshire, contact: 07889 305 363 for details. Also at All Hallows Church Hall, West Bridgford on Wednesday, 1-2.15pm.
- RELAXERCISE** - 9.30-10.30am - Webster Hall. Easy going exercise classes. £3.00 pay as you go. Tel. Penny Kimmins 937 7216 for details.
- KEYWORTH BABY AND TODDLER GROUP** - 10.00-11.30am - Parochial Hall (term time). Adm. £1.00 per child with accompanying adult, incl. drink and biscuits. Tel. Claire 07843 204504 for further details.
- YOGA** - 11.00am-12.30pm - Platt Lane Pavilion. Suitable for beginner/ intermediate levels. Adm. £7 drop in. Tel. Chris 07811 713677.
- BOWLS** - 9.40-11.40am - Keyworth Bowls Club we have an 'umbrella', which is just casual play, so if you would like to try bowling just turn up with some flat bottom shoes, and there will be members who will be pleased to teach you.
- KEYWORTH BRIDGE CLUB** - 1.15pm Burnside Memorial Hall, Plumtree. Visitors welcome, please tel. Martin Day on 937 6824 for further details.
- CHILDREN'S DANCE CLASS** - 4.30pm. Ballroom and Latin American and fun dances. Tel. Claire Hall 937 5114 or 07812 434698.
- ROTARY CLUB OF KEYWORTH & RUDDINGTON** - 6.15pm for 6.45pm - Country Cottage Hotel, Easthorpe Street, Ruddington. New members welcome. Tel. John Hooley 921 1832 for further details.
- SLIMMING WORLD** - 7pm - Methodist Church Hall, Selby Lane. Tel Naomi 07734 791 608 for details.
- TOLLERTON LINE DANCE CLASS** - 2pm-3pm - Methodist Church Hall, Stanstead Ave. Adm. £4. Beginners welcome. Tel. Renée 9373998.
- KEYWORTH CHOIR** -7.30pm - rehearsals in the Methodist Church. New members welcome, no auditions necessary. We have concerts Christmas, Easter and Summer. For information tel. 989 4883.
- FITSTEPS** - 8pm, Keyworth Primary School. Fitness that's "Strictly" fun - new dance exercise class for adults. Tel. Claire Hall 07812 434 698 for further details.
- KICK BOXERCISE AT KEYWORTH LEISURE CENTRE** - 8.15-9pm. £5.15 per session with loyalty card. Tel. 937 5582 for details.
- KEYWORTH ARCHERS** - 8pm onwards at Keyworth Leisure Centre. All Archery GB members welcome. Interested in trying archery? We run beginner's courses throughout the year. Tel: 0115 9145497. Email: phil@keywortharchers.co.uk. Web: <http://www.keywortharchers.co.uk>
- KEYWORTH AND RUDDINGTON ROTARY** - 6.15 for 6.45pm - The Country Cottage Hotel, Easthorpe Street, Ruddington. Monday nights (except bank holidays). An interesting programme of speakers & activities, come along, meet new friends & learn about Rotary & the good things we do. Email John Hooley, johnhooley@virginmedia.com or phone 0115 921 1832.
- BUMPS TO BABIES GROUP** - Activities delivered by the Children's Centres in Keyworth 1.30-3pm weekly, Keyworth Health Centre. Ages 0-12 mths.
- KEYWORTH LEISURE CENTRE - AQUAFIT**: 9.30-10.15am. **JUNIOR PUMP**: 3.30-4.30pm. **BUMS TUMS AND THIGHS**: 7-7.45pm. All £5.15 per session with loyalty card. Tel. 937 5582.
- THE KEY HEALTH CLUB - EXPRESS TOTAL BODY**: 8-8.30am. A circuit style class using functional training equipment. **SPIN**: 9.15-10.15am and 6.15-7pm. **TAI-CHI**: 9.15 -10.15am. Suitable for improving health, fitness & relaxation. **LEGS, BUMS AND TUMS**:10.15-10.45am Lose weight and improve fitness. **LINE DANCING**: 1.30-2.30pm. **FUNCTIONAL STRENGTH**: 4-4.30pm and 4.30-5pm Ideal for developing core strength and stability. Difficulty levels can be adapted to suit. **CIRCUITS**: 7-7.45pm. Tel: 846 3414 for

Tuesday

membership details & further info.

**50+FUN FITNESS - ZUMBA GOLD/FITSTEPS** - 9.15am - Village Hall. Tel. Erika 07967 190 442. Email: erikazumba@hotmail.co.uk

**KEYWORTH ADVICE CENTRE** - 1-4pm - Feignies Room, Village Hall. Advice and information on all issues including employment, consumer, benefits, debt and family. Free & confidential. Tel. 07584 843 086 (answered on a Tuesday between 1-4pm only). www.rushcliffeadvicenetwork.org.uk Email: advice.keyworth@gmail.com.

**WEIGHT WATCHERS** - 6.15-7.15pm - Village Hall. Tel. Belle 07940 550 213 for details.

**TOLLERTON LINE DANCE CLASS** - 7.15-8.45pm - Methodist Church Hall, Stanstead Ave, Tollerton. Adm. £4.50. Tel. Renée 937 3998.

**KEYWORTH BRIDGE CLUB** - 7pm - Village Hall. Contact Stephen Southorn - 937 4157. Visitors welcome but please ring for further details.

**KEYWORTH UKULELE STRUMMERS** (a K&D U3A Activity Group). 2nd and 4th Tuesday each month. Methodist Church Hall, 10am-12noon. Beginners and Improvers welcome. keyworthukulelestrummers.weebly.com or Jacki on 0115 937 2953 or jackialfie@gmail.com for more info.

**RUSHCLIFFE PLAY FORUM** - 12-5pm. Bungalow next to Keyworth Primary School, Nottingham Road. Shop selling discounted arts & crafts materials, come see what we have to offer. (NB. pening times may vary during the summer. Please like our Facebook page for details.)

**DAY CENTRE** - Centenary Lounge, Elm Avenue. 10.30am-2.30pm. Collection available if required by KDCC Bus. Lunch £5.10 which includes coffee and biscuits. Telephone Mrs Doreen Gee on 937 4429.

**KEYWORTH TABLE TENNIS CLUB** - 2-4pm, Rectory Fields TT Pavilion, Elm Ave. Social table tennis. Tel Richard 937 5830 or just drop in. All ages & abilities welcome. A fun way to keep fit. £1 per session or mem. avail. Bats, balls & tea provided. www.keyworthttc.co.uk

**KEYWORTH LEISURE CENTRE - AQUAFIT/AQUANATAL**: 9.30-10.15am. **BUMS TUMS AND THIGHS**: 6.30-7.15pm. **HIGH INTENSITY INTERVAL TRAINING**: 7.30-8.15pm. All £5.15 per session with loyalty card. Tel. 937 5582 for further details.

**THE KEY HEALTH CLUB - COMBAT EXPRESS**: 7.45-8.15am a 30 minute high intensity version of a martial arts inspired class. **PILATES**: 9-10am builds body flexibility and muscle strength. **SPIN**: 9.15-10.15am and 5.45-6.30pm. **POWERBALL**: 10.15-11am and 6.30-7.15pm Uses a Swiss ball to strengthen your core & develop flexibility & balance. **AQUA AEROBICS**: 2-2.45pm. For a high energy but low impact workout using the natural resistance and buoyancy of the water. **FUNCTIONAL STRENGTH**: 4-4.30pm & 4.30-5pm Ideal for developing core strength and stability. Difficulty levels can be adapted to suit. **BOUNCE DANCE**: 7.15-8pm A dance fitness class for a total body workout. **SUPPLE STRENGTH**: 8-8.45pm A blend of Yoga, Pilates and Body Conditioning for a challenging yet holistic workout. Tel: 846 3414 for membership details and further information.

**YOGA** Burnside Hall Plumtree, 7.30 - 8.45pm . Join our friendly local accessible yoga classes, suitable for beginners to yoga. Bookings now being taken for Spring Term. For more information email annemccarthyoga@gmail.com

Wednesday

**BALLROOM AND LATIN AMERICAN** - Village Hall. Private lessons and courses for adults (couples). Tel. Claire Hall 937 5114 or 07812 434 698.

**SOUTH NOTTS RIDING FOR DISABLED** Charity No. 1073742 - 9.30am-2.30pm. Come & join us it's fun and free. Volunteers urgently required. Tel. Jackie 07784 767 261 or email jackiedbd@googlemail.com

**BINGO & LUNCH** - 10.30am - Moores Nurseries & Garden Centre, Stanton-on-the-Wolds. Arrival coffee, 2 course set lunch & 2 free games of bingo - just £6 per person.

**TAI CHI FOR HEALTH AND WELLBEING** - 2-3pm - Platt Lane Playing Fields (old building). Gentle exercises to improve your fitness and flexibility. Fully qualified teacher. Tel. Lisa 07854 506 451 for details.

**KEYWORTH ART CLUB** - 7-9pm - Burnside Hall, Plumtree. £10.00/month. New members welcome, any standard. Tel: Debbie Boote on 937 4644 or Email: debbie@boote.myzen.co.uk

**POSITIVE FUTURES AFTERSCHOOL YOUTH SESSION** - 3.30-4.30pm - Keyworth young peoples centre - years 6, 7, 8, 9, 10. Adm. free Tel. Danielle Duffy - 07972 669 835.

**KEYWORTH BRIDGE CLUB** - Simple Systems session: 1-4pm - Keyworth Village Hall. No partner needed. Contact: Martin Day 0115 937 6824

**CROSSDALE WEDNESDAY CLUB** for babies to preschool children. Weekly during term time, 2-3.15pm. Parent-led play group - Crossdale Primary School. 50p per child, incl. refreshments. Join us for general play, crafts, older children can join reception class for story time at 3pm!

**KEYWORTH LEISURE CENTRE - PILATES**: 9-10am and 10-11am. **AQUAFIT**: 9.15-10am. **YOGAFUSION**: 11am-12 noon. **JUNIOR PUMP**: 3.30-4.30pm. All £5.15 with loyalty card. Tel. 937 5582 for further details.

**THE KEY HEALTH CLUB - PUMP EXPRESS**: 7.45-8.15am a 30 min high intensity version of a weight pumping class. **AQUA ZUMBA**: 9.15-10am a fun but challenging water based, body toning workout. **VICK'S MIX**: 9.30-10.30am Combines 30 min cardio fat burning activity with 30 mins of body toning. **SUPPLE STRENGTH**: 10.30-11.15am a blend of Yoga, Pilates & Body Conditioning for a challenging yet holistic workout. **EXPRESS CORE**: 5-5.30pm designed to target and strengthen your core. **HIIT**: 6-6.30pm. **BODY CONDITIONING**: 6.30-7.30pm. **BALLET FIT**: 7-7.45pm High energy, low impact class of technique exercises. **LINE DANCING**: 8-8.45pm. Tel: 846 3414.

**PKA KICKBOXING** - 7.30pm. A great workout to get fit, lose weight, tone up, build strength or just have some fun and try something new. **FREE FIRST SESSION.** Give it a try, what have you got to lose? Keyworth Leisure Centre.

**'FINE ART TUITION' – WATERCOLOUR FOR BEGINNERS**, structured classes with Ann Stringer-Paget. 10am-12noon, Keyworth Village Hall. Tel: 07816 118 776 or email [ann@artmoves.co.uk](mailto:ann@artmoves.co.uk) for more information.

Thursday

**CHILDREN IN DISTRESS COFFEE SHOP** - 9-11.30am, Webster Hall. Homemade cakes, toasted teacakes, hot chocolate, tea, coffee and biscuits. Warm friendly atmosphere, children's mat with toys, everyone welcome.

**BRIDGE: ENJOY AND IMPROVE** - 9.30am-12.30pm - Keyworth Methodist Hall. 2nd and 4th Thursdays. Supervised play for Novices and Improvers. Occasional tutorials. New players welcome. Tel. Chris Close 9372032 for further details or [christopherclose@btinternet.com](mailto:christopherclose@btinternet.com)

**LITTLE RASCALS PARENT AND TODDLER GROUP** - 1.30-3pm (term time), Keyworth Primary and Nursery School, Nottingham Rd. All welcome from birth to school age. Free entry to all. Tel. 9748005 for details.

**KEYWORTH FRIENDSHIP CLUB (RVS)** - 2-4pm - Centenary Lounge: dominoes, canasta, scrabble, chat, tea & biscuits. Free transport within Keyworth. Adm. £2.50. Tel 937 4360 for details.

**SHOPPERS BUS** - Keyworth and District Community Concern bus will collect people wishing to visit and use local shops and Post Office, starts at 9am. Telephone Ed Pettipher on 07881 836221.

**KEYWORTH BRIDGE CLUB** - 7pm - See Tuesday's entry for details.

**RUSHCLIFFE PLAY FORUM** - 10am-4pm. Bungalow next to Keyworth Primary School, Nottingham Road. Shop selling discounted arts and crafts materials, come and see what we have to offer. (NB. opening times may vary during the summer. Please like our Facebook page for details.)

**MESSY PLAY AND BUSY FEET** - Activities delivered by the Children's Centres in Keyworth. Come and take part in some messy fun and finish with singing and dancing. Ages 0-5, 10-11.30am. Keyworth Young Peoples Centre 1st & 3rd weeks (term time only)

**MUSICAL TALES** - 10-10.45am, Keyworth Library. 2nd & 4th week Term Time only. Ages 0-5.

**KEYWORTH TABLE TENNIS CLUB** - 2-4pm, Rectory Fields TT Pavilion, Elm Ave. Social table tennis. Tel Richard 937 5830 or just drop in. All ages & abilities welcome. A fun way to keep fit. £1 per session or mem. avail. Bats, balls & tea provided. [www.keyworthttc.co.uk](http://www.keyworthttc.co.uk)

**KEYWORTH LEISURE CENTRE - AQUAFIT:** 9.30-10.15am. **JUNIOR PUMP:** 3.30-4.30pm. **ZUMBA:** 7.30-8.30pm. **CIRCUITS:** 8.30-9.15pm. All £5.15 per session with loyalty card. Tel. 9375582.

**THE KEY HEALTH CLUB - HIIT:** 7.45-8.15am. **PUMP:** 9.15-10.15am. **PILATES:** 2-2.45pm. **FUNCTIONAL STRENGTH:** 4-4.30pm and 4.30-5pm Ideal for developing core strength and stability. Difficulty levels can be adapted to suit. **BEGINNERS SPIN:** 6-6.45pm. **AQUA FIT:** 6.45-7.30pm. **COMBAT:** 6.45-7.45pm. Tel: 846 3414 for membership details & further info.

Friday

**YOGA** - 10.30am - 12.00 noon. - Platt Lane Pavilion. Suitable for beginner/intermediate levels. Adm. £7 drop in. Tel. Chris 07811713677.

**BOWLS** - Keyworth Bowls Club 9.40-11.45 any newcomers welcome to come and play in friendly games, just turn up with some flat shoes. No previous experience necessary.

**KEYWORTH FRIDAY PAINTING CLUB** - 1pm-3.30/4pm - term time. Painting/drawing with a friendly group of enthusiasts. New members welcome! Tel. Megan 9374418, Debbie 9376989 or Nicole 9375458.

**BALLROOM & LATIN AMERICAN DANCING** - Village Hall - Children 4.45pm - Adm. from: £3.75 - Adults 8.30pm Adm. £4 - Tel: Valerie 01889 569092. Beginners & experienced dancers welcome - all tuition included.

**KEYWORTH ARCHERS** - 8pm onwards at Keyworth Leisure Centre. All Archery GB members welcome. Interested in trying archery? We run beginner's courses throughout the year. Tel: 01159145497. Email: [phil@keywortharchers.co.uk](mailto:phil@keywortharchers.co.uk). Web: <http://www.keywortharchers.co.uk>

**KNITTING AND CRAFT GROUP** - 1pm-2.30pm The Salvation. All crafters welcome, not just knitters. Tel: Diane/Kathryn on 9376010

**KNIT & NATTER PLUS ALL CRAFTS** - 2-4pm - Parochial Hall. Adm. £1.00 inc. tea / biscuits all welcome incl. beginners. Tel: 937 3267 for details.

**ARTISTS** - Small group of friendly 'artists' meet in the Bowls Pavilion 10-12noon, Oct 6th-April. We draw & paint, what we like, in our chosen medium. New mem. welcome. Call Jean 937 3611 for details.

**KEYWORTH LEISURE CENTRE - AQUAFIT:** 12.15-1pm. £5.15 per session with loyalty card. Tel. 9375582 for further details.

**THE KEY HEALTH CLUB - EXPRESS TOTAL BODY:** 8-8.30am a circuit style class which uses functional training equipment. **STEP:** 9-10am. **AQUA AEROBICS:** 9.45-10.30am. **LEGS, BUMS AND TUMS:** 10-10.30am concentrates on the toning of 3 key body areas. **AEROBICS:** 5-5.45pm. work your whole body to music to improve your overall cardio, strength and flexibility. **SPIN:** 5.45-6.30pm. **AQUA FIT:** 6.45-7.30pm. Tel: 846 3414 for membership details & further info.

Saturday

**BOOTCAMP** - 9am on the rec in Keyworth. Adm. £4.

**KEYWORTH LEISURE CENTRE - BUMS AND TUMS:** 9-9.45am. £5.15 with loyalty card. **BALLET TOTS:** 9.30-10.30am - ages 2-5 years. £3 per session. **BALLET AND TAP:** 10-11am, ages 5+ £35 for 10



week course. **STREET DANCE:** 11-11.45am, ages 5+ £35 for 10 week course. **CHEERLEADING:** 11.45am-12.30pm, ages 5+ £35 for 10 week course. Junior **STREET DANCE CLASSES** 10.30-11.30am. £3 per session (or £5 for both if also doing Cheerleading). **CHEERLEADING** 11.30am-12.30pm. £3 per session (or £5 for both if also doing Street Dance).

**THE KEY HEALTH CLUB - 50/50:** 9.30-10.30am Combination of Spin and then circuit exercises **ZUMBA:** 10.45-11.30am. Tel: 846 3414 for membership details & further information.

Sunday

**KEYWORTH LEISURE CENTRE - JUNIOR PUMP:** 10.30-11.30am. £5.15 with loyalty card. Tel. 9375582 for further details.

**THE KEY HEALTH CLUB - SPIN:** 9.30-10.15am. **CIRCUITS:** 10.15-11am. Tel: 846 3414.

## Newsbits

**Need a Venue?** - The Key Health Club is available to hire for all occasions, for both regular and ad hoc bookings. Tel: 0115 846 3414 for more details.

**The Keyworth Cricket Club History website** [www.keyworthcrickethistory.co.uk](http://www.keyworthcrickethistory.co.uk) has been updated and a printed version is available in the Reference Section of the Keyworth Library. The club are always looking for more information and photographs.

**Notts Wildlife Trust** - Please visit the website for information about Rushcliffe nature reserves, wildlife walks and talks, plus other local related activities & news - [southnottswildlife.org.uk](http://southnottswildlife.org.uk)

**Platt Lane Joint Management Committee.** Social Room in Platt Lane Pavilion, Keyworth. Available for hire day or evening to approved hirers. Kitchen and tea/coffee making facilities. Telephone Lisa Costall on 07789 775 878 or email [lisa.costall66@hotmail.co.uk](mailto:lisa.costall66@hotmail.co.uk).

**Keyworth School of Theatre Dance Classes** - all ages in Ballet, Tap, Modern Jazz, Theatre Craft, Commercial Jazz, Street Dancing, Cheerleading, Irish riverdancing. Melody Bear pre-school sessions age 18mths-4yrs & a fun dance club for ages 3-6yrs. Mon.-Sat. Webster Hall during term-time. Tel: Ann 937 5150 or Kirsty 07914 578440. [www.keyworthschooloftheatredance.co.uk](http://www.keyworthschooloftheatredance.co.uk) email - [contactkstd@gmail.com](mailto:contactkstd@gmail.com)

**Keyworth Dramatic Society** New members always welcome. Soon to read for our next production. Phone 914 3450 for details or visit our website [keyworthdramaticsociety.org.uk](http://keyworthdramaticsociety.org.uk)

**Webster Hall Ladies** - 1.45pm - Webster Hall. Meet the 2nd & 4th Tuesday - our annual fee is £10, £2 for refreshments and raffle ticket, guests £2 50. Starts September through to August. Tel. Dorothy on 0115 937 5275 for details.

**The Royal Air Force Association** meets at Stanton-on-the-Wolds Golf Club (new venue) at 7.00pm for 7.15pm, dates to be announced. All serving and past members of the Air Forces and their dependants will be made very welcome. Tel. Norman Yates 01636 707 764.

**Rushcliffe Macmillan Cancer Support Group** based in Keyworth always needs new members with fresh ideas and free time to help. Contact Angela 9143450 or Pat 9372470.

**Keyworth Meadow** Please visit the website [www.keyworth-meadow.co.uk](http://www.keyworth-meadow.co.uk) for further details.

**Keyworth based Nottingham Riding for the Disabled** need volunteers on Thursdays to help with lessons for disabled children 3.30pm and 4.00pm. Also during school hours on Thursdays. No experience necessary, training will be given. Tel. Penny 01509 842685.

**Keyworth Bridge Club:** Simple Systems session: 1-4pm every Wednesday, Keyworth Village Hall. No partner needed. Contact: Martin Day 0115 937 6824.

**Positive futures afterschool youth session** Every Wednesday at Keyworth young peoples centre years 6-10. Free of charge, 3.30-4.30pm. Contact Danielle Duffy - 07972 669 835.

**Keyworth Library** - Throughout the month visit your newly refurbished Keyworth library Mon: 9am-12.30pm, 2-5pm, Tue: 9am-12.30pm, 2-7pm, Wed: Closed, Thu: 9am-12.30pm, 2-7pm, Fri: 9am-12.30pm, Sat: 9am-1pm, Sun: Closed.

**South Nottinghamshire Bridge Clubs** - Are you interested in learning to play Bridge? Fast track Bridge course to be held on Four Saturdays/Sundays in June (dates to be confirmed) at Edwalton Golf Club. Contact: Ann Adkin 0115 937 2453. [www.southnottsbridge.org](http://www.southnottsbridge.org) Email: [southnottsbridge@gmail.com](mailto:southnottsbridge@gmail.com)

**Keyworth District Gardening Assc.** - June 18th. John Stirland - My Life in Gardening. A humorous insight into John's life in Horticulture, including developing his own garden, working on TV and for BBC Radio Nottingham and being at college with Alan Titchmarsh.

## END OF THE KEYWORTH DIARY SECTION



**Please Note:** The Parish Council compiles the Keyworth Diary. Items for inclusion should be sent to [bookings@keyworthparishcouncil.org](mailto:bookings@keyworthparishcouncil.org) by 12.00 NOON, 10th of each month.